

Samhain Ancestors Ritual - Invoking Arianrhod, Rhiannon, Arawn, Danu & Mannanon...Notes

We will be tapping into the energies of the thinning veil (calling Ancestors with the chant) - we will be inviting Arianrhod, Rhiannon, Arawn, Danu and Manannan for our Guided Meditation to the Water Caverns where you will meet your Ancestor (s). Here you can ask any questions you might have.

If you are actively taking part, ie doing the ritual with us, don't forget that you can use your own words, or follow ours. You do not need to open the portal as we (Myself, Ian & Michelle) are doing...you will feel the energy of the portal opening as we move into the meditation.

If you just wish to observe the ritual and partake in the meditation...just find a quiet place to be...using crystals if you want to, maybe light incense and/or a candle...dim the lights and come on a journey with us :)

- ★ Ja Sekhmet - Hail Hathor - both preside over all rituals (this is optional...main altar candles are lit here)
- ★ We will ground - using the drum
- ★ Call All Elementals & light the candles
- ★ Mother I Feel You chant with drum (words at the end of doc)
- ★ Invite Arianrhod, present offerings, incense & oils, light candle, you can either follow my lead, or use your own words
- ★ Invite Rhainnon, Arawn, Danu, Mannanon to guide us on our journey this eve present offerings, incense & oils, light candle - following my lead or using your own words

Arianrhod! You of the Silver Wheel! Weaver of fate through space and time!

We ask for your guidance as we weave our way from your tower to the Great Water Caverns of our Ancestors

Danu and Manannan of the abundant flow!

We ask for your guidance as we cross from Water to Air across the Great Waters to

Arianrhod's Tower

Rhiannon, Arawn of the Realm of the Fae, Guardians of the Earth Caverns!, Walkers
in the liminal spaces!

We ask for your guidance as we cross from Earth to Water on our powerful steed.

To you all we ask for your guidance on our journey through the Underworld...the
Void Space, before we are reborn as the Sun

To bring us our own security, trust, peace & joy - our higher awareness, to go be-
yond the physical, into deep knowledge...into the wisdom of the heart.

Teach us the power to surrender with our heart, teach us to release our fears and
live in love and TRUST...

To you all we give our thanks...we pay you great reverence! And we bring you offer-
ings of [state what offerings you have here]

- ★ The portal will then be activated using our index finger and activation word.
- ★ The bowl/tuning fork struck, sending the frequency down the conduit to the optical calcite shining on the psychomanteum
- ★ We will then use a chant to call our ancestors before we do the Guided Medi-
tation

Ancestors, shining ones, guide us with your wisdom

Ancestors, shining ones, ones who've gone before

Ancestors, shining ones, may the gate be open

Ancestors, shining ones, join us at the door

- ★ We will then see the path—the infinity path materialise from this world into the upper realms through the portal and we begin the Guided Meditation
- ★ After the meditation, we ground using the drum
- ★ We then thank, devoke and close

To prep for the ritual (if you are actively taking part) you will need...

- ★ Candles, incense, crystals
- ★ The offering(s) you have chosen for each Deity
- ★ If you have a drum, tambourine (or use your voice) for when we ground before and after

Food & Drink Offerings

Bread is always a good fallback for a food offering (bakery bread is best), date, figs, (we use) vegan honey/syrup OR set a place at the table for the Deity(s) with a portion of the food you are eating offered on the plate :)

Red wine/grape juice, apple juice or (we use) a homemade nut milk

Obviously, some Deities have specific foods they prefer, but offering a portion of your main meal is welcomed :)

Crystals!!

Some images for adorning your altar, if you need them :)

EACH PART IS SUNG THROUGH TWICE

MOTHER I FEEL YOU UNDER MY FEET

MOTHER I HEAR YOUR HEARTBEAT

HEYA HEYA HEYA, YA HEYA HEYA HO

HEYA HEYA HEYA HEYA HE-YA HO-O

MOTHER I HEAR YOU IN THE RIVER'S SONG

ETERNAL WATERS GOING ON AND ON

HEYA HEYA HEYA, YA HEYA HEYA HO

HEYA HEYA HEYA HEYA HE-YA HO-O

FATHER I SEE YOU WHEN THE EAGLE FLIES

LIGHT OF SPIRIT'S GONNA TAKE US HIGHER

HEYA HEYA HEYA, YA HEYA HEYA HO

HEYA HEYA HEYA HEYA HE-YA HO-O