

# FULL MOON Setting Our Intention for the coming year - aligning to our natural love consciousness selves...notes

We will be tapping into the energies of the first Full Moon of 2023 and setting a powerful intention. We will be inviting Hekate & Arianrhod

- ★ We will ground - using the drum
- ★ Casting the circle—walk the circle open, or seated, in you don't have the space to walk it, Deosil from the East, using the words *"Circle cast, circle conjure"*
- ★ Ja Sekhmet! Hail Hathor! (Optional)
- ★ Call the Elementals Earth, Fire, Air and Water & light the candles (optional)
- ★ Invite Hekate, using words below...or use your own words

*"Hekate! I summon thee by Witches Rune,  
Waxing Light and Waning Moon. With the turning of the tide, All that's past be  
laid aside. Threefold Goddess of the night, Bless me from the shadows' light.  
Banish now all trouble and fear, Bring me my desires for all the year"*

*"Let now the knowledge of the light, Bring me wisdom  
and inner sight. For all that was, has now passed away, That new beginnings  
shall come my way"*

*"The earth began to bellow, trees to dance. And howling dogs in glimmering light ad-  
vance... 'Ere Hekate came!*

*"Hekate! Crone goddess! Grandmother of the Moon! Titan goddess! Queen of Witch-  
es!*

*Wearing the dark robe of night, the infinite mystery within, which all may be known -  
if one has one's own eyes!*

*Owl-eyed goddess...seer, walker in the dark, hold high your lantern to share your  
light with us!*

*Blessed black bitch, I hear your hounds baying at truth, leading me onward and I fol-  
low, with your name writ on my soul!*

*You hld the key to all knowledge...to self-knowledge, Hekate! Glorious! Open the  
door to my soul, let me grasp the slippery knife, by my will, by my choice...rather  
than circumstance and delusion.*

*As your hound, I search and sort truth from illusion, I choose to cut the cords that bind me in any direction...for you tell me the mystery of right time.*

*I will see clearly and act from my power! Mighty Hekate! Grant me the boon of power! Ultimate power! The power over the only enemy...that which slides from awareness, from responsibility, from the bald fact that I am not I, but ALL!*

*Help me win through to the ultimate law...that of LOVE*

*That I harm none but myself in fear and pain, that I serve none but LOVE!*

*Hekate! Transmuter! Transform the slippery shadow within me to the brilliant sacred dark of your essence! Hekate! Great One! Bless us and bless this work we do in your name! We bid you HAIL and WELCOME!*

★ Invite Arianrhod, using words below...or use your own words

*Arianrhod! Great goddess of life and rebirth! Priestess of the moon! Our reverence we do show, as in life, as incarnate spirit I work to progress and grow. We thank you Mother of light and dark, that we have and shall receive all in alignment, via my creation. Arianrhod! You of the Silver Wheel!, Star goddess, residing in Caer Arianrhod, your Oarwheel carries the fallen to Emania...*

*You who spins magick through space and time! Goddess of the stars and sky, karma and reincarnation, you see into the depths of my soul, through the eyes of the White Owl. You who knows the darkness, who understands the weaving of the threads through the gaps in the universe...the illuminated path of us all...Arianrhod, you who lights the way clear for us! We bid you HAIL and WELCOME!*

To you both we ask for you to witness our workings, and guide our minds and Hearts.

To bring us our own security, love, trust, peace & joy - our higher awareness, to go beyond the physical, into deep wisdom & knowledge...

Teach us the power to surrender with our heart, teach us to release our fears and live in love and TRUST...

Trust in that our creations and our honour bring forth all that we hold dearest...

To you all we give our thanks...we pay you great reverence! And we bring you offerings of [state what offerings you have here]

★ With the sigils (see below,) and candles set (on top of the sigils with coasters un-



der each candle if you wish) we will now proceed with the lighting of the candles

- ★ We light each candle atop the sigils, one at a time...from 1-5 using the following words:
- ★ Sigil/Candle 1 **This is me. Everything which represents me**
- ★ Sigil/Candle 2 **This is my bad luck. It now leaves me. I shed no tears over the parting.**
- ★ Sigil/Candle 3 **This neutralises any remnants of bad luck. They dissolve back to source in light.**
- ★ Sigil/Candle 4 **This represents the changes for good. Which are here now. I wholeheartedly welcome them.**
- ★ Sigil/Candle 5 **This is the Universal LOVE energy I use to speed up the changes**
- ★ Once all the candles are lit, repeat the following Mantra (preferably until the candles have burned down)...**"I welcome change, I welcome the incoming good"**
- ★ Ground with drum
- ★ We then thank, devoke and close

To prep for the ritual (if you are actively taking part) you will need...

- ★ Small spell candles which burn between 10-15 mins (if you don't have small spell candles, than use regular ones. If you do this, you will need to keep the candles burning after the ritual is closed...somewhere safe, obviously ;)
- ★ The full set of Sigils (see below for the full sized ones, which you can either copy out or print off and use as they are!)
- ★ Incense - something decadent!
- ★ The offering(s) you have chosen for each entity If you have a drum, tambourine (or use your voice) for when we ground before and after

## Food & Drink Offerings

Bread is always a good fallback for a food offering (bakery bread is best), date, figs, (we use) vegan honey/syrup OR set a place at the table for the Deity(s) with a portion of the food you are eating offered on the plate :)

Red wine/grape juice, apple juice or (we use) a homemade nut milk. CRYSTALS!

Obviously, some Deities have specific foods they prefer, but offering a portion of your main meal is welcomed :)











