FULL MOON POWER!!

This Full Moon, is charged with a partial Lunar Eclipse (Penumbral – which means the shadow of the Earth, rather than the Earth itself is eclipsing the Moon. The Full Moon often marks the zenith of the energies put out there at the New Moon. Emotions can be supercharged as the Sun and Moon are on opposite sides of the heavens and enlightenment is increased – it's like we can see in the dark – and we can be hyper-aware as well as being hyperawake. The Eclipse asks: Are you organized, or do you have a pile of 'stuff' to be done? Are you taking notice of necessary details? Are you living your life the way you think is best for your future, your relationships and physical wellbeing? Perhaps there's a need for more creativity, more time for your emotional and spiritual life. We will be inviting the Moon Goddess Arianrhod and the Sun/Warrior God Lugh.

- Choose a crystal to work with on this Majik Moon Eve and a tinkley instrument to use when we call the Elementals
- Sufi Grind and drumming...heartbeat (with some voice work to let go to the Infinite Universal Energy!)

Cast the Circle: "Hand to Hand we cast a circle"

and call on the Four Elementals: "sacred spirit of the mountain ancient ones who reside here we offer you a song of greeting so that our way may be clear

sacred spirit of the forest ancient ones who reside here we offer you a song of greeting so that our way may be clear

sacred spirit of the water ancient ones who reside here we offer you a song of greeting so that our way may be clear

sacred spirit all around us ancient ones who reside here

we ask thee now for thy blessing as kindred in the one we are" x 3

"We invite the Arianrhod Moon Goddess into our circle, with honour and love"

- Anointing everyone with Full Moon Oil pot in the middle
- Stand and face the direction of the Moon, with the crystal in our left hand, right hand clasped around it. Point the crystal in the direction of the Moon, we say:

"oh Luna! statu variabilis semper crescis oh glorious moon! Mother...Goddess, your light shines bright above and within me. As I appear before you, I feel the fullness of your power. Your glow fills me, heart and mind... I invoke you, Mother, Goddess, bestow your grace upon me, renew my spirit, calm my energy that I might be replenished and empowered. I unite and receive your light deep into my being... May I shine ever, so bright! Thank you Luna for your Gift! Thank you Luna for your light! Blessed Be x"

"I draw the power of the Moon Goddess unto myself. I merge with her essence – we are one."

 Stay here until you feel the power of the Moon subside. Stay standing (release the arms by your side) and we will then call on the Sun/Warrior God Lugh:

> "Lugh of the long arm, lord of many skills, honour and praise to you. Come to my aid, I ask of you, your assistance to learn to grow, to conquer my obstacles with honour and pride, THIS I would know! So may it be!"

- Come to the floor use grounding mudra here to ground once more
- We will then share what we are most thankful for in circle.

DEVOCATION & CLOSE THE CIRCLE:

"We thank you Arianrhod Moon Goddess for bestowing your wisdom here this eve.
May you return to the realm from whence you came! We bid you HAIL AND FAREWELL!
We give thanks to you Lugh of the long arm! May you return to the realm from whence you came! We bid you HAIL AND FAREWELL!
We release the Elementals Earth, Air, Fire and Water back from whence they came. Namaste x
MAY THE CIRCLE BE OPEN, BUT UNBROKEN
MAY THE GOD AND THE GODDESS BE EVER IN YOUR HEART MERRY MEET, AND MERRY PART AND MERRY MEET AGAIN XX
Blessed Be Namaste

We will then have a drum session, possibly some singing! Here are some words:

Earth my body, Water my blood, Air my breath and Fire my spirit......

We all come from the Goddess, and to her we shall return, like a drop of rain...flowing to the ocean

We are the flow....we are the ebb...we are the weavers...we are the web...we are the flow...we are the ebb...we are the witches, back from the dead!

Born of water, cleansing, powerful, healing, changing... I am!