



5 Five Minute Rituals to Start Your Day

These five rituals you can do in around five minutes! YEP!! Ok, some might take less time, some might take a smidge longer, but all you need to know is.....if you 'don't have time' to do ritual, then these 5 five minute rituals will give you a start point!!

And when you throw up your hands and say 'I don't have five minutes spare!!', how about putting down your mobile phone for a sec, or step away from the internet, even...put your favourite program on pause, just to **give yourself five minutes** to do something which will re-enforce your connection to your Craft! ;)

Go on! How about it?!

Have a read through and see what flies for you :) and you never know....you will likely be inspired by your own ideas!!

And....just to finish, if you would like to share your own five minute rituals (or your experiences of these rituals) with some amazing Witches, [Join us in our Telegram Group!](#)

Bright Blessings!

xxxAngiexxx





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1. If you work with Deity energy (or have just started to, or want to), then these words are a quick way to connect with that energy. Option here is to light a small candle and burn some incense too :)

“Lord and Lady [or name your Deities] I greet you!

Bless me as I walk my Path today...on this new day.

Guide and protect me as I walk it to the very best of my ability”

2. Light a small spell candle (and incense if you like) on your altar in the morning:

“By the light and fire of this candle I greet this new day!”

3. Facing East at Sunrise:

“The night is gone, dawn is here, the day is come, we have no fear”

4. Get out into Nature - maybe spend a few minutes in your garden, if you have one, or step outside your front door to ‘feel’ the day, or go and sit under the nearest tree you can find :)

5. Take 5 minutes to thank the goddess & god/ lady & lord (or your specific Deities) for whatever you want to thank them for - even the ‘bad’ stuff, because there is as much to learn from the darkness as there is from the light :)

Brightest Blessings on your Path of Witchcraft! xxxAngiexxx



A Little Bit About Me :)

I'm Angie! And, yes I am a Witch, High Priestess, Soundscape Artist! Published author!! and Teacher of all things Witchy/Occult

I have, since childhood, been fascinated by what's really going on in the world....the why's and wherefores!! And realised quite early-on that there was something Witchy inside!

In my early 20's I began studying Witchcraft and almost joined a coven! Confidence was not something I had back then, and I allowed pressure from friends stop me! Over the years, I dabbled, always learning, through different media, about the magick of the world around us! But, I always kept it to myself, out of fear of what other people would think!

Time and getting older has been my best friend in being able to fully embrace my Inner Witch without fear, and with a sense of empowerment! It is this empowered Inner Witch that I am helping YOU to uncover!

As part of my mission to educate and empower people about the REAL philosophy of Witchcraft I decided to get creative and build a way to learn online - so many times I hear about fledgling Witches being overcharged for being in a Coven, or the politics of a particular group, even knowledge being shrouded in secrecy! Exasperating!!!

My stance has always been one of share the knowledge, else the Craft dies!! **The Path of Witchcraft** is a series of 3 courses (from the Micro Course- Embrace you inner Witch, followed by a mini-course for The Curious Novice, to a more in-depth course (under construction) which will take you even further into the occult depths of the Craft!

Brightest Blessings on your journey
xxxAngiexxx

